

We are committed to provide care to suit individual needs. As such, we are able to offer your antenatal appointments in either one of our beautiful clinics.

Mutually agreeable times will be arranged for appointments, including evenings and weekends. We welcome having a partner, family member, or friend to accompany the patient as we know how valuable this can be. The visits will be monthly until 32 weeks gestation, fortnightly until 38 weeks gestation and weekly thereafter.

Ultra-sound Scans

Mothers will be offered two routine ultra-sound scans during pregnancy. A booking/nuchal translucency scan at 11 - 13 weeks gestation and a detailed anatomy scan at 18 - 20 weeks gestation.

Further scans and tests offered when required

Viability scan

Detailed anomaly scan

Chorionic villus sampling

Amniocentesis

Twin amniocentesis/CVS

Fetal welfare scan

Fetal welfare follow-up scan

Anomaly +preterm assessment scan

Full 23 week assessment

Routine pregnancy blood tests.

Full blood count, tocoplasma screen
Blood grouping/antibodies, HepB + C
VDRL, MSSU culture, random glucose
Rubella status, HIV screen, thyroid function screen
Haemoglobinopathies and Toxoplasma

Additional tests that may be required - HIV/Glucose Tolerance Test/Thyroid Function or Liver Function

LABOUR AND BIRTH

Because you already have 24 hour access to Mr Shehata, contacting him when labour starts is easy and stress free. You will be attended at the time of birth by Mr Shehata.

Before any patient leaves, we will ensure that they are comfortable, confident in infant feeding (whatever your choice), and that they still have our contact numbers.

2. POST NATAL

We believe postnatal care to be every bit as important as antenatal and delivery care, as it is a time of emotion and change. We are confident we can support patient's adjustment and help regain their pre-pregnant state.

Mr Shehata will see all patients again 4-8 weeks after birth.

What does this pregnancy care service cost?

Mr Shehata's fees will cover total care with attendance from booking your first appointment until six weeks after the birth. Every pregnancy is unique, therefore, Mr Shehata will tailor a package to meet your needs throughout your pregnancy.

Contact telephone numbers

Mr Shehata is available Monday to Friday during office hours through his PA on:

0208 401 9928

For emergencies and out of office hours, Mr Shehata can be contacted on his pager through

07659-590 232

If one's address or telephone number changes, we would like to know. This information can be communicated to Mr Shehata's PA who will then make any necessary alterations to patient's records, ensuring we are able to contact any patient if necessary.

Pregnancy Care Clinics



Introduction

This is a new private service available to all women to bring the very best in independent pregnancy care for women living in and around Wimbledon and Surrey.

Many women have underlying medical conditions that may give them cause for concern. The pregnancy care clinic addresses any special needs you may have during and after your pregnancy.

Consultant

The service is run by Mr Hassan Shehata MBBS FRCOG MRCPI, Consultant Obstetrician and Gynaecologist and his team. He has special interest in low and high risk pregnancy.

Mr Shehata provides different packages of care ranging from delivery only to a full private obstetric service including antenatal and postnatal care and delivery. The birth can be undertaken at Epsom hospital, Surrey and the hospital of St John & Elizabeth, London.

Ethos

Mr Shehata and his team believe passionately in providing care that is appropriate for individual needs; working hard to promote a memorable and positive childbirth experience for the patient and her family. Evidence supports the theory that by having the carer of one's choice, will significantly increase the chance of achieving the birth experience that the patient wants.

Mr Shehata works with a small caseload of clients at any one time. This ensures personal attention and dedication to his patients. His friendly, open approach will help build a relationship that makes the patient comfortable and confident throughout the pregnancy.

We aim to help the patient make sound and safe decisions about their care, and provide all the evidence-based information required to make those appropriate choices, build one's own unique pregnancy and birth plan.

Mr Shehata provides 24hr access and continuity of care that is invaluable. Working this closely with families gives us job satisfaction which is second to none. We believe we are privileged to be able to share this very special time with families.



What is normally covered in this clinic?

This is a time to explore patients' medical, pregnancy, and social history, and any thoughts, feelings, expectations or concerns that they may have. Many people have a traumatic first birth and have concerns about a future pregnancy, these issues can be addressed to enable ensure a safe journey next time.

Family history

Risk assessment of abnormalities within the family.

Smear test

Evidence of recent smear test.

Problems pre-dating the pregnancy

The pregnancy care clinic will give guidance and support during a pre-pregnancy phase on the following:

- Hypertension**
- Diabetes mellitus**
- Asthma**
- Thyroid disease**
- Multiple sclerosis**
- Previous blood clots**
- Lupus/rheumatoid disease**
- Herpes**

Problems developing during pregnancy

This clinic is also suitable for patients developing a medical condition during pregnancy.

- Pregnancy induced hypertension**
- Pre-eclampsia**
- Pregnancy (gestational) diabetes**
- Blood clots**
- Bleeding in early pregnancy**
- Skin rashes**
- Obstetric cholestasis**
- Palpitations**
- Breathing problems**
- Bowel problems**
- Urinary problems**

The clinic will look after all stages of pregnancy

1. ANTE NATAL

Pregnancy care will include all Ante natal appointments / visits and all subsequent consultations. We will also provide 24 hour availability for problems throughout your pregnancy.